

Wraps & Rolls

Salmon Wrap

8.5
Salmon baked in a teriyaki style sauce with spring onions & salad leaves (contains sesame)

Fish Finger Roll

8.5
Breaded fish fingers with tartar sauce in a ciabatta roll

Chicken Caesar Wrap

7
Chicken breast, Parmesan, croutons, Caesar dressing & salad leaves

Blue Cheese, Wilted Spinach (V) and Mushroom Wrap

7
Cream cheese and blue cheese topped with chestnut mushrooms & salad leaves

Sandwiches & Baguettes

All served with salad leaves from 12pm - 2.30pm

Cheese & Pickle (V)

5.5
Mature Cheddar cheese with pickle

B.L.T

6.5
Locally sourced smoked bacon with sliced tomatoes & a layer of mayonnaise

Ham Salad

6.5
Locally sourced smoked ham with cucumber & tomatoes

Egg Mayonnaise (V)

5.5
Boiled eggs with mayonnaise & sliced tomato

Tuna Mayonnaise

6
Tuna mayonnaise with lemon zest served with cucumber

Prawn Mayonnaise

6.5
Prawn mayonnaise with lemon zest

Vegetarian

Risotto Del Giorno (V) (G)

10
Check the specials board for today's seasonal selection. Served with salad leaves

Sweet Potato & Coconut Curry (V) (G) ♥ 11

Lightly spiced sweet potato curry, with chickpeas and spinach served with rice full of fragrant herbs

Beetroot, Falafel & Sweet Potato Salad (V) (G) ♥ 10

Roasted beetroot and sweet potato with warm falafel served with fresh green salad, a tahini dressing and topped with crumbly Feta cheese

Meat

Shepherd's Pie (G)

11
Lamb mince in a rich tomato sauce with mirepoix of vegetables topped with golden mashed potato, served with salad leaves

Homemade Lasagne

11
Layers of locally sourced minced beef in a Bolognese sauce, topped with bechamel & mature Cheddar cheese

Herefordshire Chicken Breast

11
Herefordshire chicken breast in a cider and cream sauce, served with sautéed potatoes & green vegetables

Fish

Salmon Fillet with Salsa Verde (G) ♥ 11

A fresh Scottish salmon fillet cooked en papillote, served with a fresh green salsa verde, new potatoes & green vegetables

Fish Pie (G)

11.5
A Courtyard favourite, combining Scottish salmon, haddock & prawns with delicious fresh dill and cream, topped with cheesy mashed potato with salad leaves

Smoked Haddock Fishcakes

10
Smoked haddock, wilted spinach & spring onions in mashed potato and finished in panko breadcrumbs with homemade tartare sauce & salad leaves

Burgers

All served in a brioche bun with fries

Double up! Add a 6oz beef patty for an extra £3

Classic Burger

10
6oz beef patty, tomato relish, burger sauce, gherkins, red onions & salad leaves

American Cheese Burger

11
6oz beef patty with a slice of smoked American cheese, tomato relish, burger sauce, gherkins, red onions & salad leaves

Bacon & Cheese Burger

12.5
6oz beef patty with smoked bacon and cheese, tomato relish, burger sauce, gherkins, red onions & salad leaves

Halloumi Burger (V)

9.5
Grilled Halloumi with a cabbage slaw & salad leaves

Burgers are cooked well done. Please ask a member of staff if you would like your burger cooked differently.

The Salad Bar

Homemade Quiche & Salad ♥	10
Takeaway	9.5
Large Salad (choice of 3) (V) ♥	7
Takeaway	6.5
Portion of Salad (V) ♥	2.5
Takeaway	2.2

Lighter Bites & Sides

Fully Loaded Nachos (V)	6.5
Add Homemade Beef Chilli	+ 2.5
Mac & Cheese (V)	6.5
Add Bacon	+ 1.5
Soup of the Day (V) ♥	5
See specials board	
Hummus & Pitta Bread (V)	3.5
Olives & Sundried Tomatoes (V) (G)	3.5
Fries (V) (G)	2.5
Curly Fries (V)	3

Children's meals

Homemade Lasagne	5.5
Homemade lasagne served with salad & fries	
Cheese & Tomato Pizza (V)	5.5
Small individual pizza served with salad & fries	
Chicken Goujons	5.5
Chicken goujons served with salad & curly fries	
Vegetable Nuggets (V)	5.5
Veggie nuggets served with salad & curly fries	
Fish Fingers	5.5
Fish fingers served with fries & beans	
Jacket Potato (V) (G)	5
Choose from tuna mayo, cheese, beans, bacon	
Served with salad	

(V) Vegetarian (G) Made with gluten free ingredients

♥ Healthier Option

Jacket Potatoes

Plain with Butter (V) (G)	4.5
Mushroom & Stilton (V) (G)	+ 2.5
Beef Chilli (G)	
Prawn Mayonnaise (G)	
Bacon (G)	+ 1.5
Roasted Vegetables (V) (G)	
Tuna Mayonnaise (G)	
Cheese (V) (G)	+ 1
Beans (V) (G)	+ 0.5

Desserts

Lemon Meringue Pie	4.5
Apple Pie	4.5
Roulade	4.5
Cheesecake of the Week	4.5
See dessert fridge	

All desserts served with your choice of cream, ice cream or custard

Specials

Please see our specials board for a list of daily specials with vegetarian and vegan options

Ask a member of staff about dishes that can be made vegan.

If you have a food allergy or intolerance please inform a member of staff.

Wherever possible we proudly use locally sourced ingredients.

How to order

Please place your order at the bar and provide your table number

Opening Times

Open: Monday - Saturday 10am - Late

Food Served: Monday - Saturday*

12pm - 2.30pm & 5pm - 7.45pm

*selected Sundays, depending on events

For reservations call **01432 346525**

visit courtyard.org.uk/cafe-bar or

email catering@courtyard.org.uk