# ALLERGEN INFORMATION

If you have a food allergy or intolerance, please speak to a member of staff before placing your order. We have an extensive allergen book with all ingredients and manufacturers guidance. All meals are prepared in an open plan kitchen where allergens are in frequent use. There is a small possibility that traces of allergens may be found in prepared dishes. All items cooked in our deep fat fryers are at risk from cross contamination as products containing the following allergens are deep fried: wheat, barley, oats, rye, crustaceans and fish. Our kitchen handles gluten, we cannot guarantee zero cross-contamination.

# HOW TO ORDER

Please take note of your table number, then order and pay at the bar. Our team will bring your food to your table as soon as it is ready.











# . LUNCH MENU .

Only available 12pm - 2pm

£5.50

£6.50

£6.50

£5.50

£9

VEGAN

# MENU.

Available for lunch and dinner 12pm - 2pm & 5pm - 7pm

£1.50

£15

£13

£13

£2



# . MENU .

Available for lunch and dinner 12pm - 2pm & 5pm - 7pm

# **SANDWICHES**

12pm - 2pm only

#### **TUNA & RED** PEPPER

Tuna mayonnaise with red pepper



Roast turkey with sage & onion stuffing & cranberry sauce

### **BEETROOT &** AUBERGINE

Roast aubergine with beetroot hummus & rocket

#### **CHEESE & CHUTNEY**

Cheddar cheese with rich tomato chutney Dairy free option available

### **PRAWN** MARIE ROSE

Prawns in a marie rose sauce with crisp lettuce

#### **UPGRADE TO FRIES ON THE SIDE** FOR JUST £1.95

Choice of white or brown bread. served with coleslaw and salad.

Gluten free bread available please ask when ordering.



# **JACKETS** 12pm - 2pm only **JACKET POTATO**

Plain, crispy jacket potato served with salad & coleslaw

#### ADD TOPPINGS TO YOUR POTATO:

**BEANS** +£1.50

CHEESE +£1.50



£5

#### PRAWN MARIE ROSE

+£3.50

#### **TUNA & RED PEPPER**

+£2.50

# CORONATION TURKEY

+£2.50

# **OUICHE & SALAD**

FROM £4.50

A selection of The Courtvard's famous quiches, pastries, salads & other savouries available daily from our quiche & salad bar.

# MAINS

#### **BATTERED FISH** £15 & CHIPS

Crispy battered fish fillet served with chunky chips, minted peas, tartar sauce & a lemon wedge

Add bread & butter Add curry sauce

## **CUTTLEFISH & SQUID INK** RISOTTO

With samphire, fennel & chilli

#### £14 **BANGERS & MASH**

With peas & onion gravy Vegetarian option available

#### **FLAT IRON STEAK** £15

Served over fries with Café de Paris butter & crispy onions

#### **CURRIED** £13 CHICKEN BURGER

Served with mango chutney, onion bhaji & raita



# **ROASTED CAULIFLOWER** STEAK

Topped with goats cheese & red onion marmalade, served with a mustard cream sauce, new potatoes & vegetables

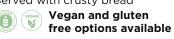
## **BUTTERNUT SQUASH MAC &** 'CHEESE'

Served with a crunchy herb crumb, salad & coleslaw

# LIGHT BITES

#### SOUP OF THE DAY £6.50

Served with crusty bread



**CHEESE & TRUFFLE FONDUE** 

Served with toasted bread

## **CAULIFLOWER** BITES

Served with katsu curry dipping sauce

#### **GRAZE BOARD** £18 **TO SHARE**

A selection of meats. cheese, olives & cheese fondue with toasted bread for two people

## **SELECTION OF OLIVES**

£4.50 VEGAN

£7

£6

VEGAN

### **CHILLI SALTED CRISPY KALE**

£4.50

# **BORETTANE PICKLED ONIONS**



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#### **PLEASE NOTE**

- Food not ordered together will not be served together.
- · We do not offer multiple courses, food will be brought once it is ready.
- · Parties over 6 must pre-order.

# KIDS' MEALS

#### **SAUSAGE &** £4.50 CHIPS

Pork sausages served with fries & peas

**FISH FINGERS** £4.50

Served with peas & fries

**TOMATO SOUP** £4.50

Served with sliced bread



# CHEESE & **TOMATO PIZZA**

# CHICKEN NUGGETS £4.50

Crispy battered chicken nuggets served with beans & fries



# **LOADED FRIES & SIDES**

#### LOADED BACON

Skin-on fries covered in baconnaise, crispy bacon bits & cheddar cheese



#### **SWEET ONION & BLUE CHEESE**

Skin-on fries topped with onion marmalade, shredded beetroot, blue cheese, blue cheese sauce & crispy onions

**SELECTION OF VEGETABLES** 



£5.50

£5.50







#### **DID YOU KNOW?**

All profits from our two independent restaurants go straight back into supporting the venue, which is a registered charity, allowing us to offer quality cultural experiences, entertainment and activities for our community.

## **PLEASE NOTE**

All of our food is fresh and cooked from scratch, so we appreciate your patience after ordering.

#### IN A RUSH?

Our quiche and salad bar is pre-prepared and our Light Bites can be made quicker.

## DON'T SEE YOUR FAVOURITE?

Our menus change seasonally but we are very open to your suggestions, please let us know if there is something you'd like to see!











= Dairy Free