



LOW GLUTEN & DAIRY FREE LUNCH MENU

Available for lunch
12pm - 2pm



Sandwiches

**CHICKEN & BACON
MAYONNAISE** £7.50

EGG MAYONNAISE £6
Boiled egg in
chive mayonnaise (V)

HUMMUS & RED PEPPER £6
(Ve)

TUNA & SWEETCORN £6
Tuna mayonnaise
with sweetcorn

Served on low gluten bread,
served with salad & vegan
coleslaw

UPGRADE TO FRIES ON THE
SIDE FOR JUST £2

Jackets

JACKET POTATO £6
Plain, crispy jacket
potato served with
vegan coleslaw & salad (Ve)

ADD TOPPINGS TO
YOUR POTATO:

BEANS +£2
(Ve)

VEGAN CHEESE +£2.50
(Ve)

TUNA & SWEETCORN +£3

**CHICKEN & BACON
MAYONNAISE** +£3

SPICY BEEF CHILLI +£3

**HUMMUS &
RED PEPPER** +£2.50
(Ve)

IMPORTANT NOTICE

All items on this menu can be made
Low Gluten AND Dairy Free.

Please notify your server when you order that you
are using this menu.

Items ordered from this menu will be marked
with a LG&DF flag so you know you've received
the correct dish.



LOW GLUTEN & DAIRY FREE MENU

Available for lunch and dinner
12pm - 2pm & 5pm - 7pm

Mains

ROAST TROUT FILLET	£17
With brown butter & almond sauce, new potatoes, & vegetables	
GLAZED BEEF BRISKET	£18
On pearl barley & carrot risotto with crispy kale	
SALAMI & CHILLI PASTA	£14
Fennel salami & chilli pasta topped with parmesan	
BATTERED FISH & CHIPS	£16.50
With minted peas, tartar sauce, & a lemon wedge	
GREEN VEG RISOTTO	£13
	(Ve)
PIZZA, FRIES, & SALAD	
Choose from:	
Cheese & tomato	(V) £14
Salami chilli	£17

Light Bites

MARINATED VEG & OLIVES	£5.50
	(Ve)
SOUP OF THE DAY	£7
With your choice of bread See board for details	
	(V)
CAULIFLOWER FALAFEL	£8
With salad & beetroot ketchup	
	(Ve)
CRISPY LAMB SHOULDER BITES	£9
With tabbouleh salad, sweet chilli sauce, & mint yoghurt	
SALAMI & BREAD	£12
Selection of salami, salad, toasted focaccia, & tapenade	

Fries

SKIN-ON	£5
	(Ve)
CAJUN	£6
	(Ve)
Loaded Skin-On Fries	
VEGAN BACON	£6.50
Covered with baconnaise, crispy bacon bits, & vegan cheese	
	(Ve)
BOMBAY	£6.50
Topped with mango chutney, curried mayonnaise, & crispy onions	
	(Ve)
NACHO BEEF	£10
With jalepenos, cheese, & crispy onions	

Kids' Meals

BROCCOLI CHEESE PASTA	£5
	(V)
TOMATO SOUP	£5
With buttered bread	
	(V)

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